ONLINE SEMINAR

WHEN CHILDREN AND ADOLESCENTS EXPERIENCE WAR AND HAVE TO MOVE AWAY FROM HOME

BUILDING SOURCES OF RESILIENCE – ACKNOWLEDGING STRONG AND UNFAMILIAR FEELINGS

Speaker: Sheila Melzak
Consultant Child and Adolescent Psychotherapist
Director Baobab Centre for Young Survivors in Exile

23 JUNE 2022   17:00 CET

ONLINE SEMINAR

WHEN: 23 JUNE 2022 17:00 CET
WHERE: ONLINE (ZOOM MEETING)
REGISTRATION IS REQUIRED

Sheila Melzak
Consultant Child and Adolescent Psychotherapist
Director Baobab Centre for Young Survivors in Exile

I am a child and adolescent psychotherapist who qualified from the Anna Freud Centre some years ago. I have a long term interest in children and adolescents separated from their families and have worked with asylum seekers and refugees since 1989 with groups, families and individuals. I worked at the Medical Foundation for the care of Victims of Torture for nineteen years after which , with a group of colleagues founded a new NGO, the Baobab Centre for Young Survivors in Exile. We work here in London with unaccompanied young people from currently 29 different countries. We have a holistic and integrated model of work and run as a non- residential therapeutic community.
I have taught clinicians, teachers, social workers and lawyers working with children and young people within families and those who are unaccompanied, after war and during war in Bosnia, Palestine, Kosovo and Somalia.
I come from a Jewish refugee community background and my mother came from what is now Ukraine and my father from Poland. Both sets of grandparents came originally from Russia.
I am interested in talking about community support and building resilience in children, and how clinicians can support those adults who work with children as a matter of course e.g. teachers.

THE SEMINAR IS ORGANIZED BY THE EUROPEAN FEDERATION FOR PSYCHOANALYTIC PSYCHOTHERAPY, ASSOCIATION OF PSYCHOTHERAPISTS AND PSYCHOANALYSTS OF UKRAINE, BAOBAB CENTRE FOR YOUNG SURVIVORS IN EXILE (LONDON, UK)

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